

SWWA FYSPRT


Regional July Meeting

Monday, July 15th, 2024

4:00 PM – 6:00 PM

Virtual

Agenda

Presenters	Topic	Time
Michelle Karnath	Group Norms	4:00-4:05
Michelle Karnath	Introductions and Ice Breaker: What is your favorite summer dessert and BBQ item?	4:05-4:15
Paul Bryant	<p>Madrona Recovery’s mission, services, and expansion plans, particularly their dedication to serving youth struggling with mental and substance use issues. He described their expansion to Washington and the acquisition and remodeling of a building previously owned by Daybreak. Madrona offers an intensive, short-term residential program in a secure facility and partnerships with other recovery communities. Their services, include therapeutic animal therapy and good staffing ratios. Community engagement for their treatment center in Tigard, intends to build strong relationships via open houses, listening sessions and town halls. The focus is on tailoring services to community needs, developing outpatient programs alongside residential care, and nurturing robust community partnerships.</p> 	4:15-4:35

WHY WASHINGTON?

WHY NOW?

John Thornton, CEO and Founder of Madrona

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WHAT'S THE PLAN?

Now until opening: Build community partnerships and schedule listening sessions with stakeholders

July 2024: Take possession of the building and start remodeling

July – Sept: Begin hiring key positions

Sept – Dec: Staff training, program development and begin hiring front line staff

Q1 2025: Complete building remodel and schedule grand opening

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APPENDIX

MADRONA'S CURRENT RESIDENTIAL PROGRAM DESIGN AND INFORMATION

Click to add content

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WHO WE SERVE

We serve adolescents ages 12-17 who are struggling with mental health and/or substance use challenges at our Tigard campus

GENERAL OVERVIEW OF SERVICES

- Secure facility
 - Access to outdoor recreation areas
 - Garden
 - Goats
 - Focus on youth-driven community living
 - Psychiatry, Individual and Family therapy, Group Therapy and Process Groups
 - Substance Use Disorder Counselling
 - Nursing care
 - 24-hour supervision by trained Wellness Counsellors
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CLINICAL OFFERINGS

- Psychiatric Evaluation at Intake, 30-minute weekly consults, and medication management with a certified Child Psychiatrist
- History and Physical at Intake and access to nursing staff 10 hours/day
- Biopsychosocial Evaluation
- Weekly Individual and Family Therapy with a Qualified Mental Health Provider
- Substance Use Screening and evaluation
- Substance Use Disorder Counseling with a certified Alcohol and Drug Counselor
- Skills coaching to increase efficacy and well being
- Relapse Prevention and Safety Planning
- Case Management
- Collaborative treatment and discharge planning and coordination for aftercare transition



MILIEU THERAPIES

- **Group Therapies:**
 - Daily Community Meeting
 - 7 Hours of psychoeducation and process groups daily
- **Milieu Wellness Counseling:**
 - 3:1 ratio of youth to supervising Wellness Counselors
 - Counselors trained in the Community Resiliency Model (Trauma Resource Institute)
- **Partnerships:**
 - 4D (Youth recovery center)
 - Harmony Academy and Rivercrest Academy (local recovery high schools)
 - The Recovery Gym (Alano Club of Portland)

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PROGRAM CURRICULA

- Art Therapy
- DBT
- Collaborative Problem Solving
- Seeking Safety
- Social and Emotional Skills
- Motivational Enhancement
- Refusal Skills/Relapse Prevention
- Recreational Therapies
- Life Skills



TEAM A GROUP SCHEDULE					TEAM B GROUP SCHEDULE				
Wednesday	Team	Group	Counselor(s)	Room	Wednesday	Team	Group	Counselor(s)	Room
10:00 a.m.	Both	Community Meeting	Giuliana	Community Room	10:00 a.m.	Both	Community Meeting	Giuliana	Community Room
11:00 a.m.	Both	Recovery Meeting	Kelsey	Group Room	11:00 a.m.	Both	Recovery Meeting	Kelsey	Group Room
	North	Lunch	Wellness	Dining Hall		South	Lunch	Wellness	Dining Hall
1:00 p.m.	Both	Recreation	Wellness	Recreation Room	1:00 p.m.	Both	Recreation	Wellness	Recreation Room
2:00 p.m.	Team A	Tx Theme	Giuliana	Class Room	2:00 p.m.	Team B	Recovery Skills	Chris	Group Room
3:00 p.m.	Team A	Recovery Skills	Chris	Group Room	3:00 p.m.	Team B	Tx Theme	Giuliana	Class Room
4:00 p.m.	Both	Art Therapy	Melissa	Art Room	4:00 p.m.	Both	Art Therapy	Melissa	Art Room
	North	Dinner	Wellness	Dining Hall		South	Dinner	Wellness	Dining Hall
6:00 p.m.	Team A	Life Skills	Chris	Group Room	6:00 p.m.	Team B	Art Therapy	Melissa	Art Room
7:00 p.m.	Team A	Art Therapy	Melissa	Art Room	7:00 p.m.	Team B	Life Skills	Chris	Group Room
8:00 p.m.	North	Chill Time	Wellness	North Building	8:00 p.m.	South	Chill Time	Wellness	South Building

SAMPLE DAILY SCHEDULE

ADMISSION CRITERIA (AT LEAST TWO OF THE FOLLOWING)

- Recent symptoms of a psychiatric disorder and co-morbid substance use.
- Suicidal ideation or non-lethal threats or gestures may be present.
- Recent history of self-harm and other risk-taking or endangering behavior requiring 24-hour supervision.
- Disordered behavior or psychomotor agitation that interferes with activities of daily living to the extent that psychiatric structured living and 24-hour supervision are required
- As a result of psychiatric disorder, the client can maintain adequate nutrition or self-care only with structure and supervision for a significant portion of the day.
- The client has sustained side effects of atypical complexity resulting from psychotropic substances.
- There is severe, sustained, and pervasive dysfunction which has failed to respond to an adequate course of interventions at a lower level of care.

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EXCLUSION CRITERIA

All referrals are reviewed on a case by case basis, however the following can be referenced as possible exclusion criteria for our program

- Medically unstable conditions requiring 24-hour nursing care in a medical/ surgical facility (including life-threatening anorexia and medically dangerous detoxification).
- Acute psychiatric disturbances requiring the intensive surveillance and structures of an acute care hospital.
- Age less than 13 (except on a case-by-case basis). Age equal to 18 or older (except on a case-by-case basis)
- Intellectual disability (IQ below 70), Severity of disability > Moderate
- Delirium with no other coexisting psychiatric condition
- Autism Spectrum Disorders with no other coexisting psychiatric condition
- Eating disorders with no other coexisting psychiatric condition
- Active fire setters
- Active sex offenders
- Recent history of serious physical violence to clients or staff in another comparable, structured treatment setting

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THANK YOU

Paul Bryant LCSW, CADC III
 Executive Director
 503-749-0200 x520
pbryant@madronarecovery.com
www.madronarecovery.com

Please call 503-749-0200 x530 to speak with our Admissions Team

ABOUT US

Madrona Recovery is a leading recovery organization committed to compassionately serving youth struggling with mental health and substance use. With a focus on healing relationships, comprehensive care, and support for caregivers, Madrona Recovery empowers individuals and their families to navigate the path from crisis to opportunity.

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Real Talk	Substance Use Services for Youth- the lack of and hard to access	4:35-4:55
Updates	<ul style="list-style-type: none"> • YAE- August 5th, Virtual • State- September 26th, virtual 	4:55-5:10
Tri-Lead	Crossword- Alejandra Frausto-winner	5:10-5:55
Dona Allison	Next meeting: August 19 th - In Person- River City Church	5:55-6:00

FYSPRT is a ...	<p>Space for youth and families to share their experiences with the Crisis System of Care and for System Partners to hear from the community.</p> <p>The Southwest Washington Family Youth System Partner Round Table (FYSPRT) is a community-based group of youth, families, professionals, systems, and community members from Clark, Skamania, and Klickitat counties who are passionate about making needed changes in the System of Care (SOC) that serves those with behavioral health needs. The SW WA FYSPRT strengthens sustainable resources by providing community-based approaches to address the individual behavioral health needs of children, youth and families and ensures that family and youth are key collaborators and in positions of leadership. The SW WA FYSPRT leverages the experience and</p>
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	expertise of all participants dedicated to building effective behavioral health services and will report up to the Statewide FYSPRT on challenges and successes of the region.
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Comfort Agreement	<u>Listen</u> when others are talking and save any input until they are finished. Share the floor “Step Up, Step Back!”
	Explain “lingo” i.e. acronyms and abbreviations.
	Practice respectful honesty and FYSPRT is a safe space void of any judgement.
	Keep an open mind.
	Wait until after the meeting to use your cell phone (unless in an emergency situation.)
	Remember that what is said at FYSPRT, stays at FYSPRT.
	Attend to support positive change.

SW FYSPRT members will...	Expand and sustain effective leadership roles for families, youth, and system partners
	Improve/expand outreach by utilizing local resources
	Ensure that youth and families are represented and have a voice at the FYSPRT
	Create culturally diverse membership
	Help address stigma around behavioral health for the community
	Review Wraparound with Intensive Services (WISe) Data Reports quarterly

If you have something you would like to add, please share with the group and it will be added to the list.

*This is a living document and will be updated to reflect the guidelines