

SWWA FYSPRT

Regional August Meeting

Monday, August 19th, 2024

4:00 PM – 6:00 PM

In-Person

Agenda

Presenters	Topic
Michelle Karnath	Group Norms
Michelle Karnath	Introductions and Ice Breaker: Dogs wag their tails when they're happy. What is something you often do when you're feeling really good inside?
Charity Joy	Carelon Youth Navigator Program (YNP)- has had over 270 referrals to date. The goal is to have active YNP in each Regional Service Area (RSA) by the end of 2025, currently in 6 of the 10 RSA's. The offer a multidisciplinary team (MDT) virtual wrap around meeting of system partners to youth and families in need. With whole person care, a youth can choose to be present at their MDT along with guardian and referent and current treatment team. Before an MDT meeting is set an outreach specialist will reach out to each referent to gather background, then the meeting is set, and an outreach specialist will continue working with youth and guardian to help navigate resources suggested during the meeting. Outreach specialists have held up to a 30-youth caseload. Program started to assist youth release from hospitals and ER faster, it has organically grown into preventive care. The largest referent in SWWA is school counselors and therapists. An outreach specialist will follow and work with a youth for three months or until stable, there is not always an MDT scheduled. Sometimes they only need resource and resource navigation. YNP is an insurance blind program and free for all youth K-12 or 18 years of age. They do not provide direct service but more of a BH concierge service.
Updates	<ul style="list-style-type: none"> • YAE- September 9th, due to Labor Day holiday will not be September 2nd • State- September 26th
Tri-Lead	Next meeting: September 16 th - virtual

FYSPRT is a ...	<p>Space for youth and families to share their experiences with the Crisis System of Care and for System Partners to hear from the community.</p> <p>The Southwest Washington Family Youth System Partner Round Table (FYSPRT) is a community-based group of youth, families, professionals, systems, and community members from Clark, Skamania, and Klickitat counties who are passionate about making needed changes in the System</p>
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	<p>of Care (SOC) that serves those with behavioral health needs. The SW WA FYSPRT strengthens sustainable resources by providing community-based approaches to address the individual behavioral health needs of children, youth and families and ensures that family and youth are key collaborators and in positions of leadership. The SW WA FYSPRT leverages the experience and expertise of all participants dedicated to building effective behavioral health services and will report up to the Statewide FYSPRT on challenges and successes of the region.</p>
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Comfort Agreement	<u>Listen</u> when others are talking and save any input until they are finished. Share the floor “Step Up, Step Back!”
	Explain “lingo” i.e. acronyms and abbreviations.
	Practice respectful honesty and FYSPRT is a safe space void of any judgement.
	Keep an open mind.
	Wait until after the meeting to use your cell phone (unless in an emergency situation.)
	Remember that what is said at FYSPRT, stays at FYSPRT.
	Attend to support positive change.

SW FYSPRT members will...	Expand and sustain effective leadership roles for families, youth, and system partners
	Improve/expand outreach by utilizing local resources
	Ensure that youth and families are represented and have a voice at the FYSPRT
	Create culturally diverse membership
	Help address stigma around behavioral health for the community
	Review Wraparound with Intensive Services (WISe) Data Reports quarterly

If you have something you would like to add, please share with the group and it will be added to the list.

*This is a living document and will be updated to reflect the guidelines